

Getting ready for school

Developing Handwriting



**“Learn, sparkle &
shine...”**

at St.Peter's C.E.Primary School

**“I like to practise
my handwriting at
home”**

Handwriting guidelines for parents

Handwriting is a physical activity which requires well developed fine motor skills and good co-ordination.

Suggested activities to help your child develop their motor skills are:

- Ball activities
- Using the computer (mouse control)
- Skipping
- Moving to music
- Miming
- Action songs and rhymes



Suggested activities to help your child develop fine motor skills and hand/eye co-ordination are:

- Playing with Lego and joining construction toys
- Playing with plasticine and play dough
- Folding paper
- Cutting activities
- Gluing and sticking shapes to make patterns
- Drawing on chalk boards
- Mark making in different materials e.g. shaving foam, sand etc.
- Jigsaws
- Dot-to-dot pictures
- Tracing and copying patterns
- Colouring pictures
- Free drawing



Movements necessary for good handwriting are:

- Left to right
- Top to bottom
- Anti-clockwise movements
- Arching up and down
- Correct spacing between letters and words
- Height differences of letters

Guidelines for left handed writers

Needs for left handed writers are sometimes different.

Some pointers to consider can be:

- Put the paper to the left of the body's middle line
- Position the writer so that the elbow is not obstructed by another person
- Left handed writers can sometimes smudge their writing so try to use an HB pencil
- The wrist should be below the line of writing
- Left handed children often find writing from left to right and making anti-clockwise movements difficult so will need a lot of practice here.

